

Can people be unsaved? In this video we talk about tares, wheat and heart soil, continuing our meditation on the fruit of the Spirit (with a capital "S".) Today on the WholyFit Christian Channel, we're adding in Romans 10 and other verses and asking, can you be unsaved? What about cultural relativism & cultural revolution in regards to christianity? Are people saved by being brought up in the U.S. by Christian parents? (My personal background: I was the first person in my family to meet Jesus, saved as a teen.)

## **WHOLYFIT FRUIT OF THE SPIRIT BIBLE STUDY**

*Intended to go with the WholyFit Galatians 5 Exercise Routine*

*By Laura Monica*

The verses below are for discussion here in the comment section, in your WholyFit class, home group, community group, care group, support group or bible study. Leader: Add conclusion and facilitate pray together to follow Jesus regarding His Word.

### Session 1

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Jesus said His sheep cannot be snatched

John 10:28-29

28 and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand.

#### *(CONTEXT OF JOHN 10:28*

*If You are the Christ, tell us plainly." 25 Jesus answered them, "I told you, and you do not believe; the works that I do in My Father's name, these testify of Me. 26 But you do not believe because you are not of My sheep. 27 My sheep hear My voice, and I know them, and they follow Me; 28 and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand. 30 I and the Father are one.")*

Question: Can true believers go to Hell when they die if they say they don't believe in God anymore?

### Session 2

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The Mouth Confesses Resulting in Salvation

Romans 10:

9 that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. 11 For the Scripture says, "Whoever believes in Him will not be disappointed."

1 Corinthians 12:3

no one speaking by the Spirit of God says, “Jesus is accursed”; and no one can say, “Jesus is Lord,” except by the Holy Spirit.

Question: Do you think someone can say they believe in Jesus and not mean it? Do you think someone can curse Jesus and still go to heaven?

### Session 3

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So-called “Christians” Reject Christ

Hebrews 6:

4 For in the case of those who have once been enlightened and have tasted of the heavenly gift and have been made partakers of the Holy Spirit, 5 and have tasted the good word of God and the powers of the age to come, 6 and then have fallen away, it is impossible to renew them again to repentance, since they again crucify to themselves the Son of God and put Him to open shame.

Question: Do you think someone who is a true Christian can fall away to the point that they go to Hell?

### Session 4

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Jesus teaches about heart soil

Matthew 13:

3 And He spoke many things to them in parables, saying, “Behold, the sower went out to sow; 4 and as he sowed, some seeds fell beside the road, and the birds came and ate them up. 5 Others fell on the rocky places, where they did not have much soil; and immediately they sprang up, because they had no depth of soil. 6 But when the sun had risen, they were scorched; and because they had no root, they withered away. 7 Others fell among the thorns, and the thorns came up and choked them out. 8 And others fell on the good soil and \*yielded a crop, some a hundredfold, some sixty, and some thirty. 9 He who has ears, let him hear.”

Question: What are some of the things that have the propensity to ruin your heart soil?

### Session 5

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Jesus says, “I never knew you”

Matthew 7:

21 “Not everyone who says to Me, ‘Lord, Lord,’ will enter the kingdom of heaven, but he who does the will of My Father who is in heaven will enter. 22 Many will say to Me on that day, ‘Lord, Lord, did we not prophesy in Your name, and in Your name cast out demons, and in Your name perform many miracles?’ 23 And then I will declare to them, ‘I never knew you; depart from Me, you who practice lawlessness.’

Question: Can we really tell who is a Christian and who is not?

## Session 6

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### Jesus Is the Vine—Followers Are Branches

John 15:

“I am the true vine, and My Father is the vinedresser. 2 Every branch in Me that does not bear fruit, He takes away; and every branch that bears fruit, He [a]prunes it so that it may bear more fruit. 3 You are already [b]clean because of the word which I have spoken to you. 4 Abide in Me, and I in you. As the branch cannot bear fruit [c]of itself unless it abides in the vine, so neither can you unless you abide in Me. 5 I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing. 6 If anyone does not abide in Me, he is thrown away as a branch and dries up; and they gather them, and cast them into the fire and they are burned. 7 If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you. 8 My Father is glorified by this, that you bear much fruit, and so [d]prove to be My disciples. 9 Just as the Father has loved Me, I have also loved you; abide in My love. 10 If you keep My commandments, you will abide in My love; just as I have kept My Father’s commandments and abide in His love. 11 These things I have spoken to you so that My joy may be in you, and that your joy may be made full.

Question: What are some ways you can abide more completely in Christ?

## Session 7

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### Anchor for Your Soul

Hebrews 6:

9But, beloved, we are convinced of better things concerning you, and things that accompany salvation, though we are speaking in this way. 10For God is not unjust so as to forget your work and the love which you have shown toward His name, in having ministered and in still ministering to the saints. 11And we desire that each one of you show the same diligence so as to realize the full assurance of hope until the end, 12so that you will not be sluggish, but imitators of those who through faith and patience inherit the promises. 18b: it is impossible for God to lie, we who have taken refuge would have strong encouragement to take hold of the hope set before us. 19This hope we have as an anchor of the soul, a hope both sure and steadfast

### The Bible Predicts the Climate of the Last Days

2 Thessalonians:

2 Now we request you, brethren, with regard to the coming of our Lord Jesus Christ and our gathering together to Him, 2 that you not be quickly shaken from your composure or be disturbed either by a spirit or a message or a letter as if from us, to the effect that the day of the Lord has come. 3 Let no one in any way deceive you, for it

will not come unless the apostasy comes first, and the man of lawlessness is revealed, the son of destruction, 4 who opposes and exalts himself above every so-called god or object of worship, so that he takes his seat in the temple of God, displaying himself as being God. 5 Do you not remember that while I was still with you, I was telling you these things? 6 And you know what restrains him now, so that in his time he will be revealed. 7 For the mystery of lawlessness is already at work; only he who now restrains will do so until he is taken out of the way. 8 Then that lawless one will be revealed whom the Lord will slay with the breath of His mouth and bring to an end by the appearance of His coming; 9 that is, the one whose coming is in accord with the activity of Satan, with all power and signs and false wonders, 10 and with all the deception of wickedness for those who perish, because they did not receive the love of the truth so as to be saved. 11 For this reason God will send upon them a deluding influence so that they will believe what is false, 12 in order that they all may be judged who did not believe the truth, but took pleasure in wickedness. 13 But we should always give thanks to God for you, brethren beloved by the Lord, because God has chosen you from the beginning for salvation [p]through sanctification by the Spirit and faith in the truth. 14 It was for this He called you through our gospel, that you may gain the glory of our Lord Jesus Christ. 15 So then, brethren, stand firm and hold to the traditions which you were taught, whether by word of mouth or by letter from us.

16 Now may our Lord Jesus Christ Himself and God our Father, who has loved us and given us eternal comfort and good hope by grace, 17 comfort and strengthen your hearts in every good work and word.

Question and end of study: How has this study helped you prepare for the End Times. What do you think you can do to help prepare yourself and others for the Great Apostasy?